

Congratulations on your commitment to being you. If you enjoy these Cultivate Life Cards, you might be interested in also printing out a bouquet of quotes picked especially for you. You can find these them under the Nourish Life button on my web site www.CultivateLife.com.

Each month I send out a newsletter via email entitled "Seeds Of Inspiration". I pick a quote to ponder, pass along interesting stuff that readers send to me, and let you know about upcoming appearances and course offerings. You may unsubscribe at any time so you retain complete control of what comes into your e-mailbox.

http://lists.webvalence.com/sites/SeedsOfInspiration/default.html

I also host a Gift Shop that exists to get the word out about people who are cultivating their creative talents and sharing them with the world. Right now there are cards and a t-shirt designed by a breast Cancer survivor, my husbands bluesy rock CD, and I even have my decorative mirrors displayed. Are you ready to add your creations to the mix? You can check out the shop 24/7 at

http://cultivatelife.com/shop/index.html

Drop me a line any time. I welcome your input.

Love,

**Diane** 

## Nourish Life Cultivate Life Cards

Instructions: Print and cut out cards, laminate if desired and keep in a small box or bag. Pick one to spontaneously plan your day, or support you in taming an overloaded mind.

# What do you want your LIFE to look like?

Cultivate Life Cards 2003

### Write

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# **COLOR**

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#### Dream

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### LET GO

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## ESSENCE not form

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#### **GO FOR IT!**

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### "Do" Nothing

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#### **PLAY**

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### **RECEIVE**

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### Be

Cultivate Life Cards 2003

## **ASK**

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