

Cultivate Life...

...it will take you as far as your mind wants to go.

Welcome to Clutter Free Lifestyle Headquarters!

If you enjoy these tips, you might be interested in checking out a few humorous quotes about clutter. You can find the quotes under the **Clutter Bugging You?** icon on my web page or by [following this link](#).

If you'd like to know what's coming up in Plan Be land, sign up for my quarterly newsletter "**Seeds Of Inspiration**". In it, I pick a quote to ponder, pass along interesting stuff readers like you send to me, and let you know about my upcoming appearances and course offerings. You may unsubscribe at any time so you retain complete control of what comes into your e-mailbox. It's easy to sign up, just go to any page on the site!

Since we are talking clutter control here, I am reluctant to encourage you to print this page if it will add to the problem. If you can stand it, trust that this page exists 24/7 in cyber space. Just bookmark it and you can visit it any time you like.

Since clutter – or less of it – is your focus right now, may I suggest my self-guided ecourse 30 Day to a Clutter Free Castle? You can even test drive it free for the first four days. [Click here for more information](#).

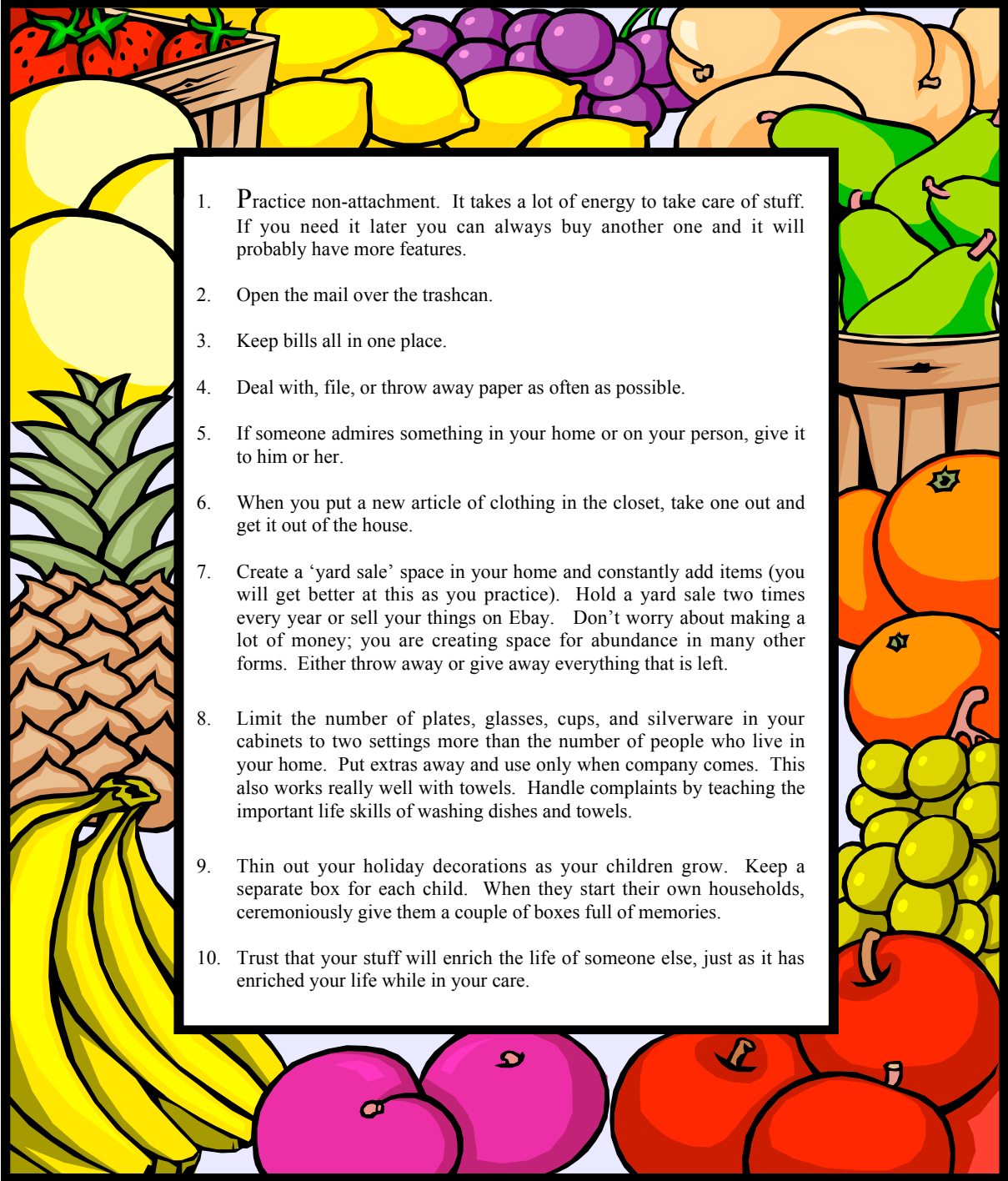
Enjoy! I'd love to hear from you anytime about anything. Zip me an email at diane@CultivateLife.com.

Love,

Diane Armstrong

Queen of Plan Be

10 Ways to Weed The House

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1. Practice non-attachment. It takes a lot of energy to take care of stuff. If you need it later you can always buy another one and it will probably have more features.
 2. Open the mail over the trashcan.
 3. Keep bills all in one place.
 4. Deal with, file, or throw away paper as often as possible.
 5. If someone admires something in your home or on your person, give it to him or her.
 6. When you put a new article of clothing in the closet, take one out and get it out of the house.
 7. Create a 'yard sale' space in your home and constantly add items (you will get better at this as you practice). Hold a yard sale two times every year or sell your things on Ebay. Don't worry about making a lot of money; you are creating space for abundance in many other forms. Either throw away or give away everything that is left.
 8. Limit the number of plates, glasses, cups, and silverware in your cabinets to two settings more than the number of people who live in your home. Put extras away and use only when company comes. This also works really well with towels. Handle complaints by teaching the important life skills of washing dishes and towels.
 9. Thin out your holiday decorations as your children grow. Keep a separate box for each child. When they start their own households, ceremoniously give them a couple of boxes full of memories.
 10. Trust that your stuff will enrich the life of someone else, just as it has enriched your life while in your care.